

HEALTH AND PHYSICAL EDUCATION

Mountain View High School Summer 2024

Digital Class Sessions (Make sure you register for Mountain View High School not Online Campus (GOC) or Gwinnett County Summer School)

May 28, 2024-June 28, 2024 (Students will need to participate in an introductory zoom meeting and class orientation)

May 24, 2024 Class Orientation (Introductory Zoom Meeting)

- Physical Education-Digital
- Health-Digital

Cost: \$250.00 Per Class (\$500 total to participate in both classes)

Participant Name _____ Student Number _____

Parents Name _____

Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____ E-Mail Address _____

| Class | Dates | Times | Fee | Total |
|-------|-------|-------|-----|-------|
| | | | | |
| | | | | |

Method of Payment: Cash _____ Receipt # _____ Check # _____

My Payments Plus _____ (Need to turn in Application)

Ways to Register:

- In Person/Mail
Mountain View Community School
2351 Sunny Hill Road
Lawrenceville, Georgia 30043
- Mypaymentsplus.com register

Curriculum: This course is taught digital.

Health: Students are expected to read online content, participate in online discussions, complete writing assignments and take online unit tests. The course covers 16 units of material focusing on wellness, healthy choices, nutrition, physical fitness, systems of the body, mental health, lifelines, choosing the best and ADAP.

PE: Students will create a personal fitness portfolio, complete and track weekly workouts, complete reading assignments and take unit tests. Topics for study include lifelong fitness, training principles and nutrition. Students must have access to a smartphone for tracking and sharing workouts with the instructor.

GRADE: Students not earning a passing grade will not be issued a grade.

I have read and understand all guidelines listed above for summer academic credit.

STUDENT SIGNATURE

PARENT/GUARDIAN SIGNATURE